

Master the Power of Letting Go

Transform your life with The Sedona Method®

Oct. 5–7, 2018 at Restoration Healthcare

Fri., Oct. 5: 7–9:30pm, Sat. & Sun.,
Oct. 6 & 7: 9:30am–5:30 pm

Learn to:

- Let go of unwanted habits, fears, phobias and anxieties
- Manage grief, depression, and unhealthy relationships
- Overcome obstacles to personal and business success
- Discover healthy ways to make changes in your lifestyle and habits for long-term greater health

The Sedona Method has been used by people all over the world to focus on the things that truly matter, and it's being taught this October at a private weekend event at Restoration Healthcare.

Topics covered include:

- Loving your body as it is
- Setting clear goals and intentions
- Dissolving the blocks to action
- Using releasing to break habits
- Changing your consciousness about your body

Meet Your Instructors



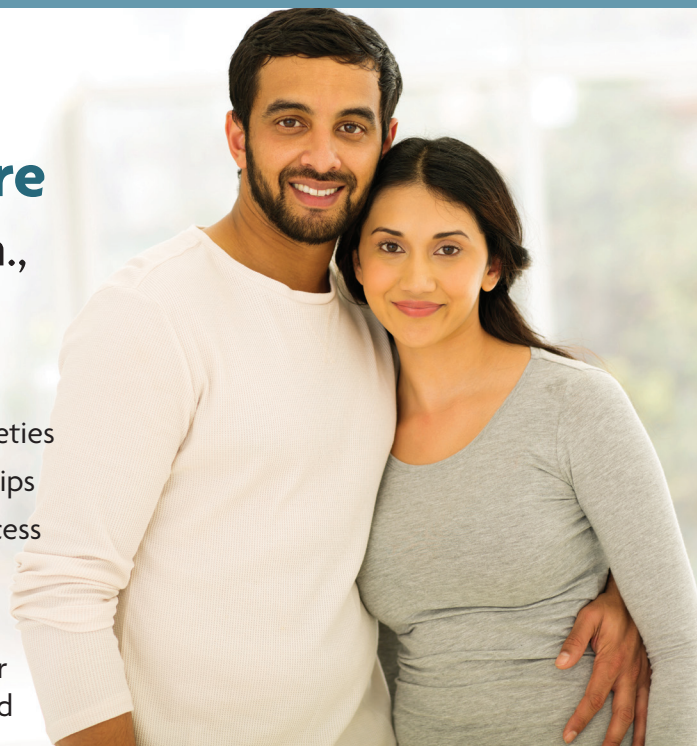
Annrika James

Annrika is a Sedona Method Licensed Instructor and Certified Coach, and is the co-founder of Sedona Coaching, which offers international life coaching exclusively in The Sedona Method.



Tim McCavitt

Tim is one of the world's leading experts on the Sedona Method. Through seminars and one-to-one training, he harnesses the power of the Sedona Method in order to help people improve themselves by letting go of their attachment to certain impulses or negative feelings.



The Sedona Method

It's not a dogma, philosophy or new set of beliefs — it's a series of processes that point to your natural ability to let go and discover unshakable peace.

Early-bird Deadline

~~Fri., Aug. 31, 2018~~

~~Wed., August 15, 2018~~ | Save \$100

Price: \$650 / Early-Bird Price: \$550

(To request a PayPal invoice, email Tim@eSedona.net)

Learn More or Register Today. For more information, including information on registering, please visit: <http://bit.ly/SedonaMethodIrvine>